MAYO CLINIC

Improved PZA Broth Susceptibility Testing on the VersaTREK The Use of Tween

Patricia Simner, PhD Clinical Microbiology Fellow Mayo Clinic, Rochester, MN

Demystifying Pyrazinamide – Challenges and Opportunities September 5th, 2012

©2012 MFMER | slide-1

VersaTREK

- Measures changes in the headspace pressure
- Middlebrook 7H9 Broth with Cellulose Sponges
 - Solid matrix
 - Surface area
- Detection & Recovery
 - All specimen sources
- Susceptibility Testing









What's the Problem?

False Resistance to PZA by broth methods

- Reported by both FDA approved broth platforms
 - Comparable platforms for DST
 - 98.5% Agreement between platforms
 - 97% Concordance for PZA testing (Espasa et al, JCM, 2012)
 - VersaTREK: >60% (1st hand experience)
 - MGIT: >40% False Resistance (Chedore et al, JCM, 2010)
- What's causing the false resistant results?
 - Variable drug stability in the acidic test medium
 - Difficulty preparing a uniform inoculum
 - Large inoculum impairs pyrazinimidase activity



First Hand Experience Failed Proficiency Testing (PT)

• We were experiencing false PZA resistance

 Multiple failed PT due to false resistance to PZA



- Overcalling PZA resistance by >60%
- What can we do to lower the rate of false resistance and provide more accurate & reliable results?





Validation & Implementation of pncA Sequencing

- pncA responsible for activation of the prodrug PZA and hence PZA activity
- Mutations in *pnc*A gene correlate with *in vitro* PZA resistance
- Sequence a 700 bp product of the pncA gene and the upstream promoter region



Map of the *pnc*A Gene with Nucleotide Polymorphisms and Amino Acid Changes





D2012 MFMER | slide-6

Current PZA Susceptibility Testing Workflow **PZA Resistant PZA Susceptible Broth Susceptibility Testing** ~20% ~80% **Report Comment: Confirmation Pending** No mutations **Mutations** pncA sequencing detected detected ~ 60% ~ 40%

Report Comment: No mutation was detected in *pnc*A. Our validation indicated that *pnc*A sequencing for PZA is more accurate than broth method

Report Comment: Mutation was detected in *pnc*A suggesting resistance to PZA

High Proportion being Reflexed to Sequencing

- Sequencing is a reliable alternative
 - Technically complex
 - Expensive
 - Limited to a few reference laboratories
- What can we do to reduce the amount of isolates being reflexed to sequencing?
 - Looks like an inoculum issue
 - Reinforced the use of a standardized inoculum in the lab but we were still having problems



Is Tween the Answer?

- <u>Study:</u>
 - Add the surfactant Tween to the inoculum seed bottle to see if it will reduce the occurrence of false resistant PZA results

- <u>Hypothesis:</u>
 - Tween reduces clumping to produce a more uniform and consistent inoculum



Lucas et al, ASM, 2012.





©2012 MFMER | slide-10

Results- In Favor of Tween

Broth result	pncA sequencing results		Agreement	# requiring confirmation of resistance*	Average Days to Positivity for
	Susceptible	Resistant	(,,,)		Seed Bottle
No Tween					
Susceptible	7	0			
Resistant	39	6	13/52 (25%)	45/52 (87%)	4.4
Tween added					
	10	4			
Susceptible	40	1			
Resistant	6	5	45/52 (87%)	11/52 (21%)	4.5

*all resistance is confirmed using another method or another laboratory



Lucas et al, ASM, 2012.

Conclusions

- Improved PZA broth susceptibility testing by increasing the agreement with *pncA* sequencing from 25% of isolates without Tween to 87% of isolates with Tween
- Significantly increases confidence in the broth testing results and reduces the number of isolates that need to be retested in order to confirm resistance by 66%



Summary

- PZA susceptibility testing using a broth method is timeconsuming and false resistance is common.
- Confirmation of resistance is expensive and timeconsuming and false resistance adds to that burden.
- pncA sequencing is an excellent alternative to broth methods but it is not available in all clinical mycobacteriology laboratories
- Addition of Tween to the seed bottle provides a more consistent inoculum that reduces false resistance and reduces the number of isolates requiring repeat testing to confirm resistance.



Acknowledgements

- Tween Study Funded by TREK Diagnostics, Cleveland, OH
- Division of AIDS, NIAID Travel arrangements
- Dr. James Posey Invitation to Speak

